



# KAIROS OUTSIDE of EASTERN TN

May 2026, NEWSLETTER

## JOIN a S.W.A.P. GROUP

We encourage all our Guests, new and seasoned, and Volunteers to continue to connect by attending a S.W.A.P. (Share, Witness, Accountability & Prayer) Group in your area or via Zoom.

For more information on how to start a S.W.A.P. Group in your area, or to connect with another established Group, please contact Juanita Burke at: [juanitabkoet@gmail.com](mailto:juanitabkoet@gmail.com)



“Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God - this is your true and proper worship.” Romans 12:1

## GIVING THANKS UNTO GOD FOR YOU!

**Kairos Outside Weekend, 42 in April was a true blessing.**

It was wonderful to spend time together during Weekend #42. For months I have prayed that this weekend would be a blessing to you. I prayed that you would experience God's love in such ways that you would know that He is always there with you.

He is always with you and holding onto you and your deepest needs. We are all on special journeys through life, sometimes crossing paths only for a short while and other times, walking together through the years. We, team and guests, formed relationships this weekend through discovering that we have often walked similar paths.

One way for us to always have a traveling partner is through forming groups. This weekend, you have met many new sisters with whom you can share your life's journey. I urge you to keep in contact with these newfound friends and look for others with whom to reach out to and share life's blessings and burdens. These new sisters can be there for you in good times and bad, remind you of God's love for you, keep you focused on Him, and keep you focused on the fact He will never leave you. You can be that special person in their lives as well.

I will continue to hold you closely in my prayers as well as the loved ones who gave you the gift of this weekend. I look forward with joy and sweet anticipation to seeing you at the reunions.

Until then.... May you be blessed and remember that God is holding onto you!!

Love in Christ,

*Audrey Mueller*

Leader of KO of Eastern TN #42

“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

Galatians 5:1 NIV



## KAIROS OUTSIDE of EASTERN TN

**GIVE a FREE WEEKEND** to a lady whose life has been impacted by incarceration by directing her to this link to register on-line:

<https://kairosprisonministry.org/guest-reservation/>

**All Weekend expenses are covered by donations.**

**Opportunities to donate:**

Online:

<https://www.kairossoftennessee.org/donate/>

Checks can be mailed to our P.O. Box listed at the bottom of this newsletter.

OR

By scanning this QR Code.



**Psalm 73:26 (KJV) — “My flesh and my heart faileth: but God is the strength of my heart, and my portion for ever”**

### Kairos Outside Guest #42

A good friend of mine has been trying to get me to attend a Kairos outside weekend for quite some time now. I am thankful that I was able to get to attend the last one in Apison. She told me that she couldn't tell me too much about it because it would ruin the surprise. So, I had no idea what to expect during the event. My feelings/thoughts toward Kairos outside were, “I haven't really been affected by incarceration as much as my other family members have. I don't know that I'm the best person to attend this.” After arriving there and quickly getting comfortable with those around me, I felt at home and that I was there for a reason. I found out that it was much more than about my brother being incarcerated. It was about me, and to show me God's love. I was not expecting this at all. I think it's easier to show others love, but to be vulnerable and accepting this love was quite humbling for me. There were plenty of times I felt uneasy when others were singing to me or doing such nice things. But once I decided to keep an open mind, I felt the Love. I don't think that I have been impacted as much and in such a small period as this particular weekend. The love I felt was long-lasting and I'll never forget it. The small groups of ladies and the activities made me open up and express my feelings without judgement. There were so many ladies at my table experiencing things that I would never have imagined. This made me look at my own personal problems from a different perspective. I was carrying more than I thought, but Kairos helped me set down a lot of emotional burdens I didn't know I was carrying. I hope that I have the time and the opportunity in the future to be a part of such a wonderful ministry.

Jennifer



**Shop early! MAY 26-JUNE 4**  
Reserve your styles & pick them up June 5-7\*

**Belk's 2026 Charity Sale will take place from June 6 to June 8, with early shopping available from May 27 to June 5.**

**Ask for your donation to go toward Kairos or see an Advisory Council member for a ticket.**

Blessings,  
Maria Humphey  
Kairos Outside Eastern TN  
Advisory Council Communication Coordinator



# KAIROS OUTSIDE of EASTERN TN

**REGISTER SOON FOR OUR FIRST 5K & 1 MILE FUN RUN, JUNE 13, 2026, AT EUREKA TRAIL IN ATHENS, TN AND RECEIVE A T-SHIRT.**



**Matthew 25:21–23 KJV, within the Parable of the Talents. In this parable, a master entrusts his servants with varying amounts of talents (a form of money) before going on a journey.**

**Upon his return, he evaluates their stewardship. The servants who wisely invested and multiplied their talents are praised with the words:**

**“Well done, thou good and faithful servant: thou hast been faithful over a few things, I will make thee ruler over many things: enter thou into the joy of thy lord” (Matthew 25:21, 23 KJV)**

**Walking IN Love 5K & 1 MILE FUN RUN**

*Walk. Run. Love. Make a Difference. ♥*

**Kairos Outside Eastern TN**  
Christ-centered support and encouragement for women impacted by incarceration.

**5K RACE**  
**1 MILE FUN RUN/WALK**

**LOCATION:** Historic Eureka Trail  
**ADDRESS:** 1400 E Madison Ave Athens, TN 37303  
**DATE:** June 13, 2026  
**TIME:** 8:30 AM  
Both the 5K and the 1 Mile Fun Run/Walk will begin at 8:30am

**Register Today!** [runsignup.com/Race/Register/?raceId=205791&eventId=1150737](https://runsignup.com/Race/Register/?raceId=205791&eventId=1150737)

*“Let all that you do be done in love.” – 1 Corinthians 16:14*